Harmful Algal Blooms

Due to the emergence of harmful algal blooms (HABs) in surface water bodies across the United States, the Illinois Department of Public Health (IDPH) and the Illinois Environmental Protection Agency (Illinois EPA) are conducting surveillance to detect HAB events and associated illnesses.

What are Harmful Algal Blooms?

Harmful algal blooms result from a rapid growth, or bloom, of blue-green algae (also known as cyanobacteria). Blue-green algae are a natural component of the aquatic environment in Illinois, but excessive blooms can occur in warm-weather months during calm and sunny conditions. Blooms may appear as a thick scum layer or



green paint on the surface of the water, and can be a variety of colors such as blue, green, or brown. There may also be a foul odor present during a bloom. In many cases, excessive blooms are associated with fish kills and animal deaths, most notably dogs. Though these warning signs are often good indicators of a potential bloom, water quality testing must be conducted to determine if toxins are present at harmful levels.

How Can I be Exposed to Harmful Algal Blooms?

Humans are primarily exposed to blooms by incidentally ingesting contaminated water while swimming, wading, or participating in water sports such as canoeing, kayaking, water skiing, or tubing. Exposure can also occur by inhaling water mist while boating, or by fishing or eating fish from a contaminated water body. In rare cases, humans can be exposed when untreated surface water is utilized as a drinking water source. You can reduce your exposure to blooms by avoiding waters that are showing signs of a bloom and by washing your body with soap and clean water after swimming in a lake, river, or pond. If your pet has been exposed to a bloom, rinse it with soap and clean water.

How Can Harmful Algal Blooms Affect my Health?

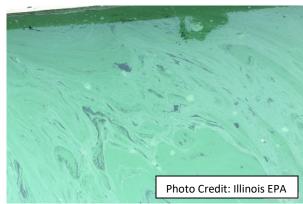
The production of cyanotoxins is what makes a bloom harmful. The most commonly observed and well-known cyanotoxins include anatoxin, cylindrospermopsin, microcystin, and saxitoxin. Exposure to cyanotoxins can cause a variety of harmful effects within hours of exposure. Incidental exposure from swimming or playing in contaminated water may lead to nausea, diarrhea, lethargy, and irritation of the skin, eyes, and respiratory system. Liver damage and death can occur in pets, livestock, and

humans when untreated surface water is used as a drinking water source.

What Should I do if I See or Have Been Exposed to a Bloom?

If you see a bloom, avoid the water where the bloom is located and notify the Illinois EPA via the **Illinois EPA HAB Report Form**.

If you or your pet have been exposed to a bloom, immediately bathe using soap and clean water and monitor for symptoms associated with exposure. If you become ill, see a doctor or contact Poison Control at 1-800-222-1222. If your pet shows exposure symptoms such as vomiting, fatigue, stumbling and falling, difficulty breathing, trembling, or unusual drooling, call a veterinarian.



Suspected human or animal cases of HAB-related illnesses should be reported to IDPH via the <u>IDPH HAB Human Illness Report Form</u> or the <u>IDPH HAB Animal Illness</u> <u>Report Form</u>.

Where Can I Get More Information?

Health Questions

Illinois Department of Public Health Division of Environmental Health 525 W. Jefferson St. Springfield, IL 62761 217-782-5830 TTY (hearing impaired use only) 800-547-0466 DPH.Tox@illinois.gov

Illness Reporting Questions

Illinois Department of Public Health Communicable Disease Control Section 217-782-2016

Bloom Reporting

Illinois Environmental Protection Agency Surface Water Section 217-782-3362 EPA.HAB@illinois.gov

This publication was made possible by Grant Number 5NU61TS000318-02-00 from the Agency for Toxic Substances and Disease Registry. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Agency for Toxic Substances and Disease Registry, or the U.S. Department of Health and Human Services.

Last updated: 6/2021